

# TWEED & COAST Nature Trail

COME & EXPLORE



MAIN ROUTE

ALTERNATIVE ROUTE  
AVOIDING SAND

ALTERNATIVE ROUTE  
AVOIDING STEEP PATH  
AND FOOTBRIDGE. THIS  
TRACK CAN BE RUTTED

## BOARD ACCESSIBILITY

- START, 1, 2 tarmac, steeply downhill  
 3, 4, 5 tarmac river path (New Road)  
 with a slope at the rowing club  
 6 across the Old Bridge and left  
 along the pavement  
 7 on grass. Alternatively use the  
 pavement to the next board  
 8 uneven sand dunes with an  
 alternative route along the road  
 9 is in Spittal Point carpark  
 9 to 10 tarmac path, not accessible to  
 wheelchairs if sand has shifted  
 10, 11, 12, 13, 14 easy access along the promenade  
 Continue up a steep path with steps  
 and a footbridge to see the view.  
 The alternative route can be rutted.  
 Follow the track up to the FINISH.



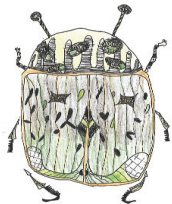
## ABOUT

- 14 nature information boards over a 2.8 mile walk. Allow 2 hours
- Start in Coronation Park with amazing nature sculptures; end with spectacular views from Spittal cliffs
- The blue butterfly shaped boards are changed with the seasons with new information 4 times a year
- Explore 10 different habitats walking through beautiful scenery
- Learn about animals, plants, the weather, geology and the impact of humans; be surprised at some strange revelations from local experts
- See the mute swans, Britain's largest birds, weighing in at 10 kg. The second most populated moulting herd in the UK!
- Several trail entry points near bus routes
- For further details and a downloadable leaflet, dates for guided walks, bus times, explorers' quizzes for children, geology trail and local information, see our website. There are QR links on the boards.



[www.tweedandcoast.org](http://www.tweedandcoast.org)

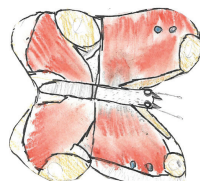
Beautiful drawings by students from local schools who entered the Tweed and Coast Nature Trail Art Competition.



1st prize - Lexi,  
age 8 Tweedmouth  
West First School



2nd prize - Violet,  
age 9, Longridge  
Towers School



3rd prize - Charlie,  
age 11, Berwick  
Middle School

## YOUR SAFETY

Most of the trail follows paths and is relatively flat, but we still recommend the wearing of suitable footwear. In some locations there are steps or gradients and some sections may be slippery or muddy after wet weather. Please take care beside busy roads and near the river, which can be deep and quick flowing, and if on the beach be aware of the incoming tide.

The users of this nature trail do so at their own risk; the Third Age Trust will not accept liability for any accidents damage or loss incurred.

## DOGS

- Dogs are welcome on the trail, and travel free on the bus
- Even on a breezy day with the windows open, a car can become very hot causing permanent health damage or death to your dog.
- Please pick up after your dog and use the appropriate disposal bins along the trail
- Keep your dog on a lead past wildlife (swans and seals can inflict serious injury or death).
- The river flows very fast, dogs have been swept out to sea.

## WILDLIFE PROTECTION

- Leave plants and wildlife untouched, keep to the paths where applicable
- Please leave nothing but your footprints. Litter can cause suffering or death to wildlife; please use the many bins provided
- Do not touch or try to put a seal pup back in the water. It may be resting through exhaustion, or if its mum has 'parked' it, she will return. Seals can cause serious infected bites. If you are concerned that a pup is still there after 24 hours, or looks poorly or thin, contact BDMLR on 01825 765546.

## FACILITIES

- Accessible toilet on Spittal promenade
- Benches along the route, tables at Spittal
- Cafes and shops enroute.



## TRANSPORT

Free parking in Spittal at the southern end of Main Street with a short walk to the B1 bus stop at the War Memorial. To start the trail, take the bus to the train station and walk over the railway bridge, pick up the trail at Coronation Park on your left at the junction of A1167 and A6105.

## WITH THE KIND PERMISSION OF

Donald & Sarah MacPherson, Castlehills Farm  
Greenwich Hospital Estate  
Northumbrian Water

## SUPPORTERS



FABVENT



The Joicey Trust

